

Menu Substitutions for (Ages 12-24 months)

**Monday** 

Breakfast: French toast sticks, banana and milk

Lunch: Meatballs with gravy, mashed potatoes, broccoli, pears, sliced bread and milk

**Snack:** Cheese slices and saltine crackers

**Tuesday** 

Breakfast: Life Cereal, orange juice and milk

Lunch: Potato, ham and cheese casserole, green beans, cornbread and milk

Snack: Banana pudding with vanilla wafers

## Wednesday

Breakfast: Buttered toast, mandarin oranges and milk Lunch: Cheeseburgers, tator tots, applesauce and milk

Snack: Baked apples and Townhouse crackers

## **Thursday**

Breakfast: Bran muffins, fruit cocktail and milk Lunch: BBQ chicken, rice, corn, peaches and milk

Snack: Goldfish, apple slices and ice water

## **Friday**

Breakfast: Cinnamon raisins bagel with cream cheese, grape juice and milk

Lunch: Dinosaur chicken nuggets, baked beans, mandarin oranges, sliced bread and milk Snack: Peanut butter on crackers and milk pears

Substitutions in meat, fruit and vegetables are made for children 12-24 months of age for various reasons including not meeting their nutritional needs, being considered a choking hazard or possibly causing an allergic reaction (such as peanut butter).